EVERGREEN
MEDICAL PRODUCTS

Positioning-Cushion Trial Checklist

One resident · current supports compared with positioning cushions

What this is for: comparing a resident's current supports with positioning cushions when the planned position isn't holding. Complete it with the OT or PT, nursing, and the PSWs and aides who know the resident.

Resident _____ Unit and room _____ Trial led by (OT, PT or nurse) _____ Start date _____

1 Baseline: the current setup

Supports in use now _____ Mattress or support surface in use _____ Comfort, pain and sleep now _____

Planned position and assessed angle: ☐ On the back ☐ Left side ____ ° ☐ Right side ____ ° ☐ Other

At the next repositioning (time since positioning: ____), the resident was found:

☐ In the planned position ☐ Rolled back toward lying flat ☐ Slid down the bed

☐ Twisted or collapsed posture ☐ Heels back on the mattress ☐ Supports slipped or flattened

Address pain, skin changes or inadequate support promptly. Don't wait to complete the baseline.

2 Trial setup

Cushions used, and exactly where each one goes _____ Trial length (clinical team) _____ Review date _____

☐ Setup in the bedside plan (photo if the home's consent procedures allow) ☐ Shown to every shift

3 During the trial

In each box, note what you saw, the time since positioning, the date and your initials (for example: "held at 2 h").

Check	Current supports	Cushions	Notes
Position held at the check			
Supports in place and keeping their shape			
Comfort and pain ask; if the resident can't report pain, use the home's pain tool (PAINAD or PACSLAC)			
Skin and tissue new discoloration, pain, warmth or coolness, swelling or firmness; no load on offloaded areas			
Safety heat or sweating; clear of the face and airway; no entrapment at rails			
Ease of care repositioning, personal care, cleaning			
Staff confidence each shift reproduces the agreed setup (bedside plan or photo)			

If new skin changes or pain occur, reassess promptly under the home's clinical protocol.

4 Decision

☐ Continue ☐ Adjust the setup ☐ Stop ☐ Reassess the support surface as well

Reviewed by _____ Date _____

Reassess the lying support sooner if posture, contractures, tone, weight, mobility, skin or goals of care change.

A planning tool, not a prescription: the clinical team decides positions, supports and trial length, following the home's consent and least-restraint policies and provincial requirements. Keep it with the care plan. Sources: **evergreenmedicalproducts.com/insights/positioning-cushions-when-pillows-arent-enough**

Request a trial or a no-charge in-service

Scan the code, or contact Evergreen. Virtually across Canada, or on site by arrangement.

Request a trial · **Request an in-service**

Evergreen Medical Products
contact@evergreenmedicalproducts.com
evergreenmedicalproducts.com
Independently Canadian owned